



Newsletter 2 - 26th September 2016

What a lovely start to the new school year. Everyone has settled in well and even the weather has been kind to us.

As you know we have had quite a few exciting changes with three classes up and running and eight new children started. It's so lovely to see Limespring School really coming to life and so many more children benefitting from the learning environment that we offer. We have already done so many lovely things and there is more to come.

Important Dates and Trips:

- **School Trip to House of Illustration.** We are going to see the Quentin Blake exhibition including illustrations of the Roald Dahl books. We shall leave school after lunch and travel to King's Cross. We shall be back for the usual pick up time
- **Trip to Kenwood House - Tuesday 18th October**
- **Trip to Museum of London - provisionally booked for 23rd November**
- **Concert Friday 2nd December starts 1.30. Doors open at 1.00.**
- **School finishes Friday 9th December 2.30.**
- **School returns - Wednesday 4th January.**

Roald Dahl Activities

We have been reading various Roald Dahl books over the last few weeks and did various activities to mark the day of Roald Dahl's 100th birthday. The children

are really enjoying it and doing so many lovely things. I'm sure they have told you all about them.

Yoga

Oak class have started yoga classes which will be every Wednesday afternoon. The first session went very well and the children learnt about breathing and did some stretches. Oak class will have about half a term (6 sessions) of yoga and then the other classes will each have a go. Please make sure that you have completed and returned the form so that your child doesn't miss out.

The Yoga teacher Jay has asked that I pass on the following information:

Sonia Sumar (founder of the Yoga for the Special Child Method) is coming from the USA to run a course on yoga for children with ADHD and Autism for her yoga teachers and she is looking for students with ADHD or Autism to come and have a free yoga session with her as part of the course. Sonia designed this yoga therapy and has been my teacher for the past 16 years, she is inspirational and her knowledge all encompassing. This will take place on either 19th and 20th October so you can choose which one suits you best and also which time slot works best for you ..11:30 to 12:00, 12:00 to 12:30 Or 3:30 to 4:00 or 4:00 to 4:30. The sessions will be held in Islington and Jay can arrange free-parking if needed.

Limespring School Council

Korana will be coordinating this and will be talking to the children about it this week. There will be a council member and a deputy for each class. The children will be told that if they wish to stand for council they have to make a speech to the other children giving reason why they should be elected. The speeches and the election will take place the following week. Huge thank you to Hermione, Ilyas and Lara for their splendid job last term - it is thanks to them that we have the school tuck shop up and running.

General Housekeeping

Please make sure that the children have a P.E. kit to wear on Monday, Wednesday and Thursday each week.

Please ensure that your child's clothing is labelled. Now that the school is getting bigger we are getting more lost property as it is harder to match the clothing with the child.

Assembly - Show and Tell

We have had to limit the number of show and tell participants as they were taking over the entire assembly. Therefore a class rota has been drawn up and is attached - One class per week.

With best wishes and thanks for your continued support

Denise Drinkwater

Principal